# RISHIKUL VIDYAPEETH SONEPAT <br> CBSE National Swimming Championship 2023 

Date: 07-10 November 2023 Days: Tuesday- Friday

Incharge: Mr Bhup Singh (Mob: 9459050120) TIMINGS:

Breakfast (Per Day): 7:00am -8:00 am
Lunch (Per Day): $\quad$ 1:00 pm -2:00 pm
Dinner (Per Day): 7:00 pm-8:00 pm
Total Cost (Per Day) : Rs 400/-

Charges: 100/-
Charges: 150/-
Charges: 150/-

> MEAL MENU

| DATE |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 06 November 2023 | 07 November 2023 | 08November 2023 | 09 November 2023 | 10 November 2023 |
| DINNER <br> Tandoori Roti <br> Palak Paneer <br> Veg.- Aloo Methi <br> Salad <br> Sweet Dish (Moong dal <br> Halwa) | BREAKFAST <br> Tandoori Stuffed <br> Parantha, Curd \& Tea <br> LUNCH <br> Tandoori Roti Pulao <br> Dal Makhni <br> Mix Subji <br> Salad <br> Raita <br> Fruit | BREAKFAST <br> Poha with Vegetable, Fruit \& Milk <br> LUNCH <br> Tandoori Roti <br> Zeera Rice <br> Rajma <br> AalooGobhi <br> Salad <br> Raita <br> Fruit | BREAKFAST <br> PuriSubji\& Tea <br> LUNCH <br> Tandoori Roti <br> Pulao <br> White Chhole <br> Mix Subji <br> Salad <br> Raita <br> Fruit | BREAKFAST <br> Tandoori Stuffed Parantha <br> Milk\& Tea <br> LUNCH <br> Tandoori Roti Pulao <br> Rajma <br> Mix Subji <br> Salad <br> Raita <br> Fruit |
|  | DINNER <br> Tandoori Roti Pulao <br> Matar Paneer <br> Veg.- Bhindi <br> Salad <br> Sweet Dish <br> (GulabJamun) | DINNER <br> Tandoori Roti <br> Pulao <br> Dal Makhni <br> Mix Subji <br> Salad <br> Sweet Dish <br> (Kheer) | DINNER <br> Tandoori Roti <br> Zeera Rice <br> Shahi Paner <br> Seasonable Veg. <br> Salad <br> Sweet Dish <br> (Ice Cream) |  |

Note:

- Those who will stay on school campus minimum four day amount will be charged
- Amount once deposited will neither be refunded nor adjusted
- Dinner will not be provided on 10 November 2023

