

RISHIKUL VIDYAPEETH SONEPAT

CBSE North Zone-II Swimming Championship 2025

(05 September-08 September 2025)

Incharge: Mr Bhup Singh

TIMINGS:

Breakfast: 7:00am -8:00 am

Lunch: 1:00 pm -2:00 pm

Dinner: 7:00 pm -8:00 pm

MEAL MENU

DATE				
04 September 2025	05 September 2025	06 September 2025	07 September 2025	08 September 2025
<u>DINNER</u> Tandoori Roti Palak Paneer Veg.- Aloo Methi Salad Sweet Dish (Moong dal Halwa)	<u>BREAKFAST</u> <u>Tandoori Stuffed</u> <u>Parantha, Curd & Tea</u>	<u>BREAKFAST</u> Poha with Vegetable, Idli Sambhar, Fruit - Banana & Milk	<u>BREAKFAST</u> Puri Chole & Tea	<u>BREAKFAST</u> <u>Tandoori Stuffed Parantha</u> Milk & Tea
	<u>LUNCH</u> Tandoori Roti Pulao Kadhi Pakoda Stuffed Tinda Salad Raita Fruit- Banana	<u>LUNCH</u> Tandoori Roti Zeera Rice Rajma Matar Mushroom Salad Raita Fruit -Pear	<u>LUNCH</u> Tandoori Roti Pulao Dal Tadka Aalu Gobhi Salad Raita Fruit- Apple	<u>LUNCH</u> Tandoori Roti Pulao Dal Makhni Alloo Karela Salad Raita Fruit- Apple
		<u>DINNER</u> Tandoori Roti Pulao Dal Makhni Mix Subji Salad Sweet Dish (Kheer)	<u>DINNER</u> Tandoori Roti Zeera Rice Shahi Paneer Dal Ghiya Salad Sweet Dish (Ice Cream)	

Note:

- Those who will stay on school campus minimum four day amount will be charged***
- Amount once deposited will neither be refunded nor adjusted***
- Dinner will not be provided on 08 September 2025***